



COLD PRESSED JUICES & SMOOTHIES

FRESH JUICE SELECTIONS (VG)

orange, grapefruit

- ☀️ **HANDCRAFTED JUICE FLIGHT (VG)**
emerald refresher, pear breeze, tropical revival

- ☀️ **EMERALD REFRESHER (VG)**
apple, cucumber, celery, ginger, kale, lemon

- ☀️ **PEAR BREEZE (VG)**
bartlett & anjou pears, mint, ginger, lemon

- ☀️ **TROPICAL REVIVAL (VG)**
pineapple, cucumber, apple, coconut water, lemon, mint, ginger

- ☀️ **STRAWBERRY & BANANA SMOOTHIE (V)**

strawberries, banana, chia seeds, greek yogurt, vanilla almond milk
add: protein

- ☀️ **BLUEBERRY ACAI SMOOTHIE (VG)**
coconut milk, blueberries, banana, pineapple
add: protein

- ☀️ **PINEAPPLE LYCHEE SMOOTHIE (VG)**
pineapple, lychee, banana, yuzu, coconut water, basil seeds
add: protein

MORNING LIBATIONS

BUBBLY FLIGHT

montefresco prosecco
choice of seasonal selection of flavors

VIDA PICK ME UP

hennessy vsop cognac, fresh coffee, maple syrup:
house-made blueberry maple whipped cream

SIGNATURE BLOODY MARY

candied bacon, celery, pickled vegetable skewer,
chamoy rim

ULTIMATE BLOODY MARY

candied bacon, celery, pickled vegetable skewer,
jumbo shrimp, chamoy rim

BREAKFAST BEGINNINGS & TOASTED DELIGHTS

STEEL CUT IRISH OATMEAL (V,GF)

blueberries, banana, brown sugar,
steamed milk upon request

- ☀️ **GREEK YOGURT & GRANOLA (V,GF)**
mixed berries, wildflower honey

- ☀️ **SEASONAL FRUIT PLATE (VG)**
hand-cut fruits & fresh berries

PASTRY SELECTION (V)

house-made seasonal assortment

SMOKED SALMON & EVERYTHING BAGEL*

dill & caper spread, hard-boiled egg, fresh tomato,
pickled red onions

- ☀️ **AVOCADO TOAST***

marinated soft-boiled eggs, avocado mash, cherry tomatoes, radishes, micro greens

- ☀️ **SMOKED SALMON & COTTAGE CHEESE***

santa barbara smokehouse salmon, herbed cottage cheese, arugula, sliced avocado, crispy shallots

CRAB & EDAMAME

lump blue crab, citrus supremes, edamame-green goddess spread, pickled onions, crispy shallots, chile crisp
add: avocado

STRACCIATELLA & TOMATOES

lump heirloom cherry tomatoes, pistachio-basil pesto, hot honey, micro basil, crispy garlic
add: avocado

BREAKFAST

VIDA BREAKFAST*

three eggs your way, buttermilk pancakes, choice of breakfast protein, hashbrown
choice of coffee or orange juice

SMOKED HAM & CHEDDAR OMELET*

vermont white cheddar, hashbrown, choice of toast

EGGS BENEDICT*

poached eggs, english muffin, canadian bacon, traditional hollandaise, hashbrown

TRES LECHES FRENCH TOAST

berries & cream, dulce de leche anglaise, strawberry powdered sugar

STEAK & EGGS*

8 oz new york strip, two eggs your way, hashbrown, asparagus, chimichurri, choice of toast

VIDA SIGNATURES

HUEVOS RANCHEROS*

two sunny-side eggs, chorizo, black bean purée, avocado, queso fresco, salsa roja, tomatillo salsa, corn tostada

BUTTERMILK CHICKEN & WAFFLES

bacon-chive waffle, louisiana hot sauce, whistlepig maple syrup

BROWN SUGAR SWIRL BANANA PANCAKES

toasted pecan-banana crumble, butter pecan mascarpone, banana rum sauce

- ☀️ **GREEK EGG WHITE OMELET***

spinach, mushroom, cherry tomatoes, herbed feta, hashbrown, choice of toast

CRABCAKES FLORENTINE

poached eggs, spinach, english muffin, traditional hollandaise, hashbrown

GF Gluten-free VG Vegan V Vegetarian ☀️ Health & Wellness

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



SOUPS | SALADS | STARTERS

CHICKEN NOODLE

classic mirepoix, poached chicken, bowtie pasta

MATZO BALL

garden vegetables, jidori chicken

CREAMY TOMATO SOUP & GRILLED CHEESE

brioche bread, american & vermont white cheddar

add: [turkey bacon](#), [tomato](#), [bacon](#)

ASIAN CHICKEN CHOPPED SALAD

romaine lettuce, cabbage, cucumber, orange, peanuts, wonton chips, sweet plum dressing

add: [avocado](#)

CHICKEN LA SCALA SALAD

romaine, soppressata, mozzarella, chickpeas, kalamata olives, roasted peppers, red wine vinaigrette

☀️ **CRISPY TOFU SALAD (VG,GF)**

togarashi-spiced cashews, marinated cucumbers, tomato kimchi, avocado, super seeds, chile-cashew lime dressing

SPICY TUNA TARTARE*

avocado, edamame, marinated cucumbers, tomato kimchi, chile-crisp aioli, crisp wonton

MARYLAND CRABCAKES

charred lemon, roasted jalapeño remoulade

BOWLS

☀️ **QUINOA BREAKFAST BOWL***

two eggs your way, quinoa pilaf, avocado, kale, spaghetti squash, roasted roma tomatoes, radish, herb crema

TERIYAKI SALMON*

bok choy, edamame, jasmine rice, pickled radish, sesame

add: [avocado](#)

BLACKENED LEMON-PEPPER SHRIMP

sweet corn succotash, soy beans, wild rice blend, chipotle lime vinaigrette

SHORT RIB LOCO MOCO*

two eggs your way, slow-cooked short rib, garlic-ginger rice, mushroom demi

☀️ **MEDITERRANEAN GRILLED CHICKEN**

cucumbers, cherry tomatoes, pickled red onions, kalamata olives, marinated chickpeas, feta cheese, red wine vinaigrette, tzatziki served with choice of cauliflower rice or white rice

add: [avocado](#)

HAND-HELDS

WAGYU SMASH BURGER*

grilled red onions, pickles, spicy pepper jam, secret sauce, american cheese, potato bun, crispy vida fries

add: [fried egg*](#), [bacon](#), [avocado](#)

☀️ **SEARED SALMON BURGER***

beefsteak tomato, watercress, roasted garlic & dill tzatziki, potato bun, crispy vida fries

add: [avocado](#)

ROASTED TURKEY WRAP

heirloom tomatoes, smoked bacon, ranch dressing, butter lettuce, kettle chips

add: [avocado](#)

GRILLED CHICKEN CIABATTA

smashed avocado, bacon, lettuce, dijonnaise, crispy vida fries

BLACKENED CHICKEN QUESADILLA

oaxacan cheese, fresh corn salsa, smashed avocado, cilantro crema, flour tortilla

SIDES

hashbrown

applewood-smoked bacon

pork breakfast sausage

chicken-apple sausage

turkey bacon

belgian waffle (VG,GF)

berries & lavender honey (V)

crispy herb fries, parmesan aioli

fresh garden salad, white balsamic vinaigrette (VG)

sliced avocado

DESSERTS

BLUEBERRY LEMON

CHEESECAKE CROISSANT

house-made cube croissant, blueberry mascarpone, lemon

ARTISANAL ICE CREAM

mint chocolate chip, vanilla, mango sorbet,

raspberry sorbet

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