



# FITNESS CENTER

FONTAINEBLEAU LAS VEGAS

## SERVICES

### STRETCH AND RECOVERY

Combination of assisted stretching, Theragun, and self myofascial release tools.

30 minutes	\$78
45 minutes	\$108
1 hour	\$132

### SELF-CARE SESSIONS

Body acupuncture mat, compression sleeves (legs, hips, arms), photon light mat.

30 minutes	\$72
45 minutes	\$102
1 hour	\$126

### PERSONAL TRAINING / PILATES

One on one or small group training available.

\*Pilates Reformer available by advance request only

30 minutes	\$90
1 hour	\$150
1 hr 30 min	\$210

*Prices include tax, gratuity, and service charge.*