

spa& wellness

### WELCOME TO

# A Wellness Sanctuary

Lapis Spa & Wellness is the ultimate refreshing escape between meetings or events. Create meaningful connections, boost well-being, and inspire productivity during your corporate retreat.

Foster a sense of harmony and unity among your group with hand selected premium skincare therapies and wellness rituals for ultimate rejuvenation.



# LAPIS SPA

# $\begin{array}{c} A \, Spa \\ Revolution \end{array}$



## CELESTIAL WATERS

Lapis Spa harmonizes with circadian rhythms through
Lo-Tide Mornings and Hi-Tide Afternoons,
embracing Ayurvedic principles to optimize mind
and body performance and celebrating the transition
with a daily gratitude ceremony.

CELESTIAL PASSPORT | 4 HOUR ACCESS LO-TIDE 9AM - 2PM | HI-TIDE 2PM - 7PM

A journey of revitalization, the Celestial Passport allows you to experience contrast therapy benefits and explore

Lapis Spa's thermal waters, sauna, star and snow showers, salt cave, and more at your own pace.



# EVENT SAUNA

Experience a Nordic spa tradition infusing heat, sound, and communal connection. Watch as the Aufguss meister leads a multi-sensory ritual that includes aromatherapy, towel choreography, and mesmerizing digital imagery.

### AUFGUSS PERFORMANCE | 15 MINUTES

The experience is customized to suit both Lo-Tide and Hi-Tide ambiance by offering a more soothing journey in the morning and a more dynamic energy in the later hours.



# REBOOT LOUNGE

The Reboot Lounge offers instant revitalization for feet and legs, relieving tension amid cozy seating and immersive nature imagery.

### **ENHANCEMENTS:**

THERAGUN TREATMENT | 15 MINUTES

ARMS AND HAND MASSAGE | 15 MINUTES

KNESKO COLLAGEN MASK

COMPRESSION BOOTS



REBOOT LOUNGE TREATMENTS

REBOOT SIGNATURE MASSAGE

Set in the comfort of a reclining chair, this treatment provides deep hydration and tension relief to legs and feet.

Working through key pressure points on the feet, your therapist will soothe muscles for a comforting release,

followed by targeted kneading of the hand and arm to alleviate aches and pains to leave you refreshed.

Benefits: relief from stress and pain, convenient, clothed

45 MINUTES

DETOXIFYING FOOT TREATMENT

Give your feet and legs new life with this restorative treatment, beginning with a refreshing exfoliation. Next, a hydrating foot mask locks in moisture with a warm steam towel foot wrap. Finally, pressure-point massage using

acupressure and flushing techniques leave your lower half optimally renewed.

Benefits: skin softening, tension release, and relaxation

30 MINUTES

REVIVING FOOT AND LEG TREATMENT

After a long day on your feet, relieve tension and melt away stress with this treatment designed for quick

tension muscle relief. We begin with an invigorating foot mask with purifying and moisturizing benefits, followed

by an utterly relaxing foot and lower leg massage.

Benefits: tension release and relaxation

30 MINUTES

COMPRESSION THERAPY FOR LEGS

Reboot your feet and legs with a 20-minute session in RecoveryAir compression boots. Pneumatic compression is the

future of pressure massage, with precise pressure from the feet to the heart and back again to maximize circulation.

Benefits: improves circulation and relief for feet and legs

# PRIVATE

# Pampered Retreat





# PRIVATE SPA SUITE EXPERIENCE

Escape to your own realm within the Supernova Suite, a spa enclave reserved for up to 6 guests. This elegantly adorned space features a softly lit lounge for morning mimosas and a private whirlpool for serene relaxation or stylish celebration.

### 4 HOURS

Complement the ultimate private spa suite experience with a welcome champagne toast, lavish catering service, and a selection of fresh-pressed juices.

A four-hour rental experience is available from either 9:30AM to 1:30PM during our Lo-Tide Morning, or from 2:30PM to 6:30PM during our Hi-Tide Afternoon.

# SPA RITUALS

# Inspire Harmony





### SIGNATURE SERVICES

### LAPIS SIGNATURE FACIAL

Thoughtfully tailored to your skin concerns, the Lapis Signature Facial is a gently cascading process designed to reveal your full radiance. After consultation, your aesthetician will prep the skin with a luxurious cleansing ritual. Your bespoke treatment will deliver vital ingredients that address your skin's unique needs: Deep hydration, soothing, purifying, age-correcting, or brightening.

Benefits: customized skincare, rejuvenation, revitalization, and renewal

60 MINUTES

90 MINUTES: Includes a peel-off mask and advanced circulation massage to lift and contour facial muscles, providing immediate results.

### LAPIS SIGNATURE BODY MASSAGE

Utilizing the proven methods of contrast therapy, our signature massage is a stimulating escape for the body and the mind. We begin by melting away tension through each quadrant of the body, soothing muscles with a gently warmed body oil. Precious stones that correlate to the chakras are placed on targeted areas of the body to achieve a restorative and sensory harmony.

Benefits: muscle recovery and alignment

### MASSAGE THERAPIES

### **ODYSSEY MASSAGE**

A highly personalized wellness journey tailored to your individual needs, our Odyssey Massage encompasses your choice of Swedish or Deep Tissue techniques – or a combination of both. In addition to selecting a specific aromatherapy oil to awaken the senses, your therapist will consult with you prior to your service to curate the ideal blend of global massage traditions to achieve your desired result.

Benefits: customized care, muscle recovery, relaxation, and aromatherapy

### 60 | 90 | 120 MINUTES

### EAST-WEST FUSION MASSAGE

Truly invigorating and energizing, this specially created massage experience infuses both Eastern and Western methods to achieve holistic wellbeing throughout muscles and joints. Utilizing techniques such as rhythmic stretching, pressure point therapy, and deep tissue exploration, this Thai oil massage provides profound relief for stiffness, strain, and rigidity.

Benefits: tension relief, improved flexibility, and greater mobility

### 90 | 120 MINUTES

### MANA LOMI® MASSAGE

The Mana Lomi® technique is rooted in the ancient Hawaiian concept of working with the "mana," or spiritual life force, of an individual. Focusing on the powerful movement of energy, this all-encompassing massage coaxes the body to a state of utter relaxation and inner harmony using long fluid strokes, forearm rolling, and rhythmic kneading.

Benefits: profound muscle relief, relaxation, and energy revival

#### 90 MINUTES

### THE X MASSAGE

Known as the tenth cranial nerve, or cranial nerve X, the vagus nerve is the longest of its kind in the autonomic nervous system, and controls all involuntary body actions. The X Massage focuses on craniosacral therapy to activate and uplift this core system, incorporating Vagus Nerve Oil, aromatic warm compresses, and rhythmic kneading to cultivate a blissful, quietly euphoric state of consciousness.

Benefits: deep relaxation, regulation, and muscle tension relief

### AYURVEDIC MASSAGE THERAPIES

Rooted in more than 3,000 years of wisdom, Ayurveda is one of the world's most ancient forms of healing.

### FIVE-POINT STAR MASSAGE

Highly specialized and energizing, this stimulating massage focuses on reflex points of the five extremities: the hands, the feet, and the head. A warming exfoliation precedes a tension-melting massage for both hands and feet, which are then enveloped in a soothing, heated compress. A restorative scalp and head massage follows, sealing the release of stress head-to-toe.

Benefits: full-body relaxation and concentrated tension relief

60 MINUTES

### CHAKRA BALANCING MASSAGE

The seven chakras are known as the main energy centers of the body, running down the spine in alignment from the crown of the head. During the Chakra Harmony Massage, each chakra is addressed in turn with care and compassion, with each hands-on movement focused on restoring inner balance to the body. An Ayurvedic Kansa massage wand enhances the full-body experience, where the intentional placement of chakra stones and powerful aromatherapy all converge to uplift the spirit while positively grounding the body.

Benefits: full-body relaxation, muscle tension relief, and enhanced inner peace

60 | 90 MINUTES

### **BODY TREATMENTS**

### CELESTIAL COCOON

The Celestial Cocoon treatment is designed to leave you looking and feeling your best by visibly toning and firming targeted areas. We begin with a stimulating dry brushing, followed by a deep-cleansing exfoliation using an Undaria Cleansing Body Polish. After a refreshing shower rinse, we replenish your skin's hydration with our Undaria Algae Body Butter. Your experience concludes with a revitalizing foot massage.

Benefits: firming of targeted areas, exfoliation, and skin hydration

### FACIAL THERAPIES

### LAPIS SIGNATURE FACIAL

Thoughtfully tailored to your skin concerns, the Lapis Signature Facial is a gently cascading process designed to reveal your full radiance. After consultation, your aesthetician will prep the skin with a luxurious cleansing ritual. Your bespoke treatment will deliver vital ingredients that address your skin's unique needs: Deep hydration, soothing, purifying, age-correcting, or brightening.

Benefits: customized skincare, rejuvenation, revitalization, renewal

**60 MINUTES** 

90 MINUTES: Includes a peel-off mask and advanced circulation massage to lift and contour facial muscles, providing immediate results.

### OXFOLIATETM FACIAL

Revive your skin and address its unique needs with this blissfully thorough breakthrough treatment. First, Oxfoliate™ with energizing O2 bubbles, then amplify with LUX, our light ultrasound experience. Finally, a soothing lymphatic massage gently detoxifies while locking in the healing effects of advanced technology.

Benefits: customized skincare, brightening, detoxification, and renewal

60 MINUTES

90 MINUTES: Includes red light LED therapy and undereye mask with extensive massage.

### SCULPT & LIFT GUA SHA FACIAL

Rooted in the wisdom of ancient Chinese medicine, the sculpting effect of the Gua Sha Facial is the perfect antidote to the skin fatigue. This facial treatment utilizes a flat jade stone in sweeping motions along the contours of the jawline, cheekbones, forehead, and more to stimulate the skin's elasticity to lift and release tension in your facial muscles.

Benefits: gentle lifting and toning effect, tension relief, and increased collagen production

**60 MINUTES** 

#### **ENHANCEMENTS:**

CRYOTOUCH SERUM | KNESKO COLLAGEN MASKS

CELLUMO RED LIGHT THERAPY SESSION | BLUE INFRARED | DERMAFLASH

### FACIAL THERAPIES

# Molecular Cosmetics

# STURM

A world-renowned doctor in orthopedics, Dr. Barbara Sturm is a beloved pioneer in the world of anti-inflammatory techniques. Having translated her clinical research to the realm of skincare over the last 25 years, her signature treatments offer skin transformations backed by the proven power of molecular science.



### DR. BARBARA STURM FACIALS

### SUPER ANTI-AGING FACIAL

The Super Anti-Aging Facial replenishes moisture reservoirs, promoting the skin's natural barrier function and reduces the appearance of fine lines and wrinkles, resulting in a smoother and more youthful complexion. Long and short-chain hyaluronic acid molecules in the Super Anti-Aging Serum are infused with strong antioxidants and ingredients which help to repair damaged skin and support regeneration.

Benefits: visibly lifts the skin around the jaw and neck while reducing fine lines and reviving stressed skin

### 75 MINUTES

### SIGNATURE #STURMGLOW FACIAL

The Signature #Sturmglow Facial combines thorough cleansing, exfoliation and extractions to leave the skin super clean and refreshed. It also includes Dr. Sturm's Signature Anti-Aging Massage; a unique combination of massage techniques which help increase blood and oxygen flow and tone and define the facial muscles for an instant, youthful-looking complexion. Long and short-chain hyaluronic acid molecules in the hyaluronic ampoule are infused into the skin and provide intensive hydration at both upper and deeper skin layers. The Face Cream Rich boosts moisture and antioxidants help restore and soothe the skin. Special massage techniques boost circulation, enhancing the production of collagen for effective skin repair.

Benefits: targets key areas of concern to instantly smooth fine lines, reduce puffiness, lifts and defines the cheekbones and jawline, giving skin a youthful glow

### MANICURE SERVICES

### **EARTH ELEMENTAL MANICURE\***

Whether you're here for a relaxing spa session or you have big plans on the Strip, this treatment is tailored for the day ahead of you. Begin with a warm towel cleanse and customized hand soak to soften cuticles, followed by a unique exfoliation and hydration process infused with holistic ingredients personalized to your skin. The experience continues with a cuticle cleanup, nail trim, nail shaping, and massage. Conclude with your choice of regular polish, gel polish, or shine and buff.

Benefits: moisturizing, softening, and indulgent

### 45 MINUTES

### **EXPRESS MANICURE\***

A need for speed is no reason to sacrifice quality. The express version of our Earth Elemental Manicure includes cuticle cleanup, nail shaping, lotion application, and regular nail polish or shine buff.

Benefits: efficient, refreshing, and neat

### 30 MINUTES

Gel polish application can be included for an additional charge.

<sup>\*</sup>Nail enhancement removals (such as gel, dip, extensions, etc.) can be completed for an additional charge.

### PEDICURE SERVICES

### EARTH ELEMENTAL PEDICURE\*

Not just a treatment—a retreat. This pedicure combines the elements of nature to leave you balanced and restored. Embark on your journey by setting your intentions for the day, then dive into a tailored herbal foot bath, followed by a customized scrub and mask - expertly crafted by your technician to meet your skin's specific needs. Whether you need to detoxify, hydrate, or relax, your skilled nail technician will personalize your appointment to give you individualized results. Nail care, callus care, massage, and your choice of regular polish, gel polish, or shine and buff are also included.

Benefits: customized per your specific areas of concern. hydrating, exfoliating, and luxurious

### 60 MINUTES

### **EXPRESS PEDICURE\***

The Express Pedicure offers an energizing foot cleanse, cuticle clean-up, nail trim and shaping, and lotion application. Toes are then shine-buffed or polished using a regular polish of your choice.

Benefits: cleanup, freshening, and refining

### 30 MINUTES

Gel polish application can be included for an additional charge.

<sup>\*</sup>Nail enhancement removals (such as gel, dip, extensions, etc.) can be completed for an additional charge.

### TAILORED EXPERIENCE

# Revitalize Your Retreat

Our team at Lapis Spa will help curate the perfect array of premium treatments for your group.

Depending on personal needs and interests, Lapis

Spa offers tailored treatments to fulfill every desire.

Unwind in an atmosphere of pure relaxation, rejuvenation and positivity. Empower your group with the tools to recharge their spirits. We eagerly await your journey with us.



### REFRESHMENTS

Lapis Spa offers house-made light fare and beverages packed with nourishing benefits. Choose from juices, healthy smoothies, teas, tonics, or an assortment of powerful sweet and savory bites.

### REFRESH PRESSED JUICE

CLARITY CARROT
ENERGIZED GOLDEN APPLE
DETOX GREEN ELIXIR
AWAKEN ORANGE

### RECHARGE SMOOTHIES

VITAL FUEL FRUIT NOURISH GREEN THRIVE RED

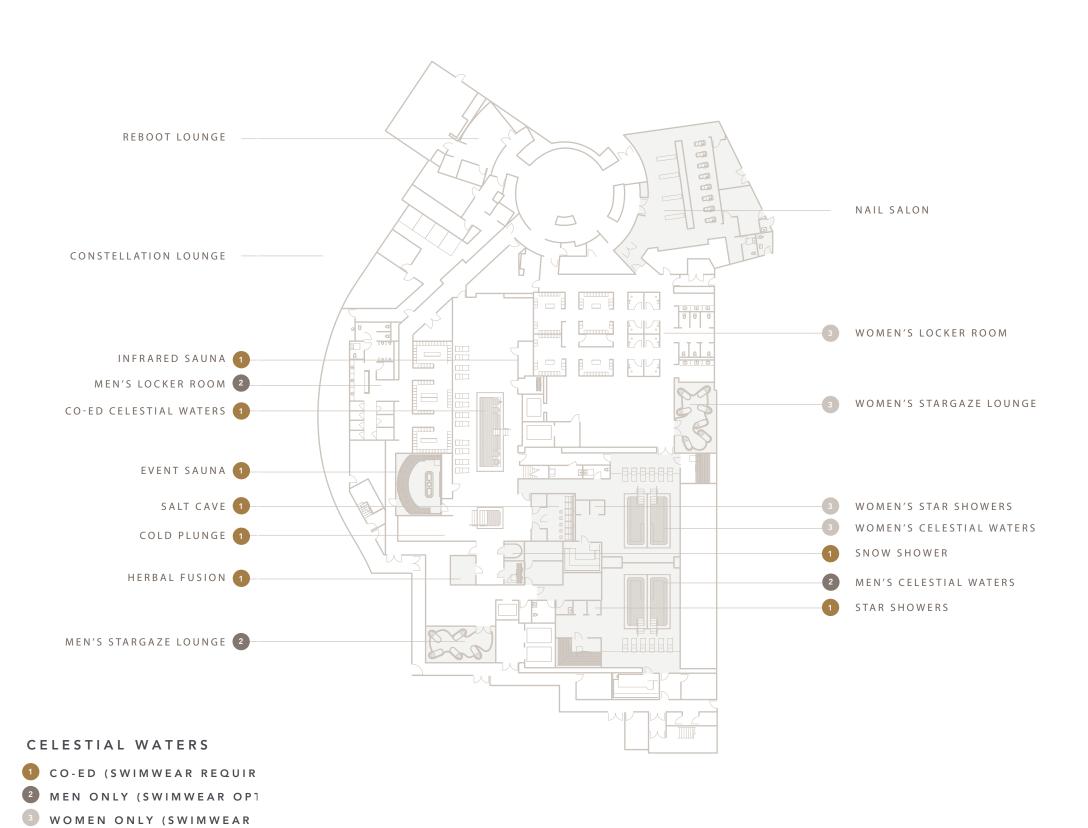
### **REVIVAL BITES**

ANTIOXIDANT FRUIT BOWL
SAVORY BENTO BOX
SWEET TREAT
ACAI ASCENSION BOWL

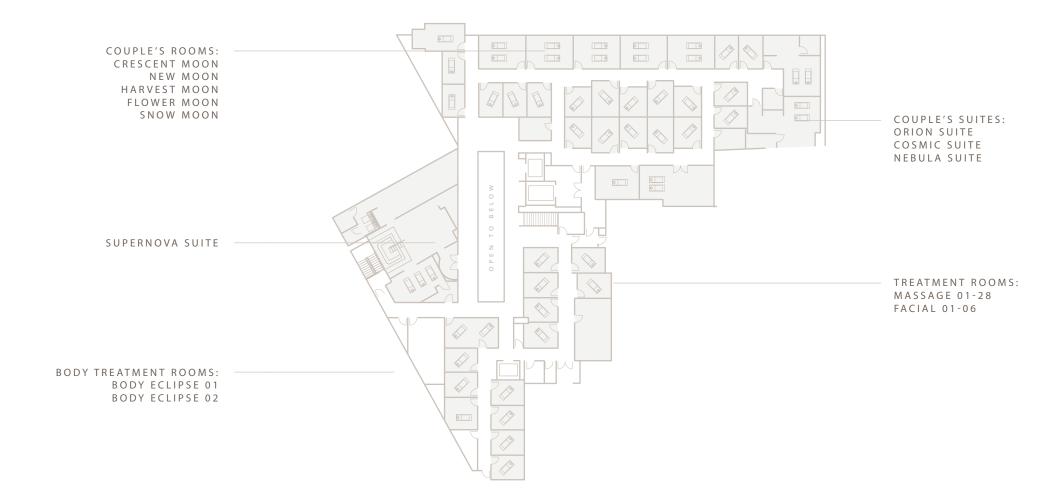
### **REJUVENATION TEA**

IMMUNITY JASMINE PEARL
AWARENESS BOOST OOLONG
INNER PEACE DARJEELING

# MAIN FLOOR



# UPSTAIRS



### SPA ETIQUETTE

### APPOINTMENTS

A spa concierge can assist with appointments or you may reserve through our online portal. All appointments must be secured with a credit card at time of booking and you must provide identification upon arrival. For your convenience, a 20% service charge is added to all spa and nail salon treatments. If you must cancel your appointment, we ask that you do so at least 24 hours in advance to avoid any cancellation fees.

### ADMISSION

Guests must be 18 years or older to use the spa facilities. We ask that all cell phones, cameras, and personal electronic devices be turned off and that you refrain from taking photos inside the spa.

### ARRIVAL

We encourage you to arrive at least 45 minutes prior to the start of your scheduled treatment, so you may enjoy the spa facilities. We advise you to avoid shaving 24 hours prior to your scheduled facial or body treatments.

### ATTIRE

Lapis Spa provides both co-ed and separate men's and women's locker areas. Swimwear must be worn at all times while in the co-ed area.

Clothing is optional in the separate men's and women's areas.

### INFORMATION

# Elevate Your Gathering

HOURS OF OPERATION

MON - SUN | 9AM - 7PM

Spa facility access and treatments are exclusive to only registered hotel guests Friday – Sunday

SCHEDULE TREATMENT

702-678-4300 lapisspaservices@fblasvegas.com

