



s p a &  
w e l l n e s s

EXCLUSIVELY AT  
FONTAINEBLEAU LAS VEGAS

W E L C O M E   T O

# *A Sensory Odyssey*

With a wellness philosophy that playfully transcends time and place, Lapis Spa and Wellness invites you to indulge in a meticulously curated blend of ancient, global traditions, and cutting-edge technology. Immerse yourself in an otherworldly sanctuary, where the healing power of water, communal connections, and knowledgeable hands guide you to a state of blissful renewal.

A name that honors the rare Lapis Lazuli, or “stone of the heavens,” Lapis Spa embodies the inclusive grandeur of the celestial skies that set our daily rhythms: unified and undivided, with no beginning or end, and belonging to all.

Relax in an all-encompassing sensory experience that transports and transforms you – mind, body and spirit.



CELESTIAL WATERS

Passport

An idyllic way to revitalize the body and soothe the mind, the Celestial Waters Passport allows guests to enjoy the profound benefits of contrast therapy – moving between heat and cold – while exploring the expansive first level at their own pace. Experience Lo-Tide Mornings for zen vibes, or Hi-Tide Afternoons for a more vibrant atmosphere.

4 HOUR ACCESS TO:

- Event Sauna Experience

Stargazing Lounge

Celestial Waters
- Vitality Pools

Steam Room

Infrared Sauna
- Himalayan Salt Room

Star & Snow Showers

Salt Mist Therapy
- Oxygen Therapy

Heated Tepidarium Chairs

Cold-Plunge Pools



EXPERIENCE

# *Balance Restored*

Drawing inspiration from the ancient wisdom of Circadian rhythms and the moon's gravitational pull, we orchestrate each day with two distinct phases: Lo-Tide Mornings and Hi-Tide Afternoons. According to Ayurvedic time principles, being in sync with the day creates an equilibrium from which our minds and bodies perform at their best. Each day, we invite you to align with the harmony of these phases as we celebrate the transition with a small ceremony to show gratitude for the innate connection that binds us to the universe.



## LO-TIDE MORNING

As the sun ascends, Lapis transforms into a haven of serenity. For guests seeking a grounding experience to quiet the mind and soothe the spirit, Lo-Tide Mornings offer tranquil lighting, calming melodies, and aromatherapy in comforting essence of lavender and chamomile.

Immerse yourself in wellness rituals like the Aufguss, an evocative experience held in the Event Sauna, guiding your senses on a journey of mindful restoration during this meditative Lo-Tide phase.

9AM – 2PM | DAILY

## HI-TIDE AFTERNOON

As the day reaches its zenith, Lapis surges, infused with energy. Socially-focused, the Hi-Tide atmosphere brightens with upbeat music, vibrant illumination, and exhilarating aromas like pine, citrus and spearmint. The Aufguss experience in the Event Sauna becomes an invigorating party atmosphere to awaken communal bonds and activate the mind. Recommended for groups, Hi-Tide Afternoons offer a dynamic atmosphere to reenergize the body and soul.

2PM – 7PM | DAILY

## EVENT SAUNA

# *The Art of Aufguss*

From the German word for “infusion,” Aufguss is a treasured Nordic spa tradition where heat, music, and communal connection converge. Step into Lapis Spa’s specially created Event Sauna, an atmospheric theater-in-the-round style room where the Aufgussmeister takes center stage. Over the course of 15 minutes, you will experience a one-of-a-kind performance incorporating aromatherapy, choreography with dancing towels, and hypnotic imagery projected onto a 110” LCD screen.

Please note the Aufguss experience is customized to suit both the Lo-Tide and Hi-Tide phases, offering a more soothing journey in the beginning of the day and a more dynamic energy in the later hours.

15 MIN

LO-TIDE 10AM AND 11AM

HI-TIDE 3PM AND 4PM



## SIGNATURE SERVICES

Embodying the Lapis Spa philosophy of truly transformative service, the following therapies have been designed by our team of healers for optimal tranquillity, sensory revival, and lasting results.

### LAPIS SIGNATURE FACIAL

Thoughtfully tailored to your skin concerns, the Lapis Signature Facial is a gently cascading process designed to reveal your full radiance. After consultation, your aesthetician will prep the skin with a luxurious cleansing ritual. Your bespoke treatment will deliver vital ingredients that address your skin's unique needs: Deep hydration, soothing, purifying, age-correcting, or brightening.

Benefits: customized skincare, rejuvenation, revitalization, renewal

**60 MINUTES**

**90 MINUTES:** Includes a peel-off mask and advanced circulation massage to lift and contour facial muscles, providing immediate results.

### LAPIS SIGNATURE BODY MASSAGE

Utilizing the proven methods of contrast therapy, our signature massage is a stimulating escape for the body and the mind. We begin by melting away tension through each quadrant of the body, soothing muscles with a gently warmed body oil. Precious stones that correlate to the chakras are placed on targeted areas of the body to achieve a restorative and sensory harmony.

Benefits: muscle recovery and alignment

**90 MINUTES**



## REBOOT LOUNGE

Conveniently located near the spa reception area, the Reboot Lounge welcomes those seeking spontaneous and efficient revitalization treatments focused on the feet and lower legs. Release tension and fatigue within the comfort of plush spa seating surrounded by hypnotic imagery inspired by nature.

### ENHANCEMENTS:

THERAGUN TREATMENT | 15 MINUTES

ARMS AND HAND MASSAGE | 15 MINUTES

KNESKO COLLAGEN MASK

COMPRESSION BOOTS





## REBOOT LOUNGE

### REBOOT SIGNATURE MASSAGE

Set in the comfort of a reclining chair, this treatment provides deep hydration and tension relief to legs and feet. Working through key pressure points on the feet, your therapist will soothe muscles for a comforting release, followed by targeted kneading of the hand and arm to alleviate aches and pains to leave you refreshed.

Benefits: relief from stress and pain, convenient, clothed

**45 MINUTES**

### DETOXIFYING FOOT TREATMENT

Give your feet and legs new life with this restorative treatment, beginning with a refreshing exfoliation. Next, a hydrating foot mask locks in moisture with a warm steam towel foot wrap. Finally, pressure-point massage using acupressure and flushing techniques leave your lower half optimally renewed.

Benefits: skin softening, tension release, and relaxation

**30 MINUTES**

### REVIVING FOOT AND LEG TREATMENT

After a long day on your feet, relieve tension and melt away stress with this treatment designed for quick tension muscle relief. We begin with an invigorating foot mask with purifying and moisturizing benefits, followed by an utterly relaxing foot and lower leg massage.

Benefits: tension release and relaxation

**30 MINUTES**

### COMPRESSION THERAPY FOR LEGS

Reboot your feet and legs with a 20-minute session in RecoveryAir compression boots. Pneumatic compression is the future of pressure massage, with precise pressure from the feet to the heart and back again to maximize circulation.

Benefits: improves circulation and relief for feet and legs

**20 MINUTES**

## S U P E R N O V A   S U I T E

# *Exclusive Oasis*

Be transported to a world all your own in the lavish Supernova Suite, an exclusive spa within the spa. Ideal for more tailored groups of up to 6 guests, this sumptuously appointed suite offers a softly-lit lounge perfect for catching up over morning mimosas and a private whirlpool to unwind or celebrate in style.

Reserving the Supernova Suite ensures access to all main Celestial Waters areas as well as exclusive use of a private locker. Additional treatments may be booked for an additional fee.



## PRIVATE SPA SUITE EXPERIENCE

Complement the ultimate private spa suite experience with a welcome champagne toast, lavish catering service, and a selection of fresh-pressed juices.

A four-hour rental experience is available from either 9:30AM to 1:30PM during our Lo-Tide Morning, or from 2:30 to 6:30PM during our Hi-Tide Afternoon.

4 HOURS



## MASSAGE THERAPIES

# *Deeply Nourishing*

Embodying a philosophy of transformative treatments, our massage therapies provide ultimate relaxation tailored to each guest. Designed to pamper the body and relax the mind, our massages are performed in the serene comfort and privacy of our treatment rooms. Before your therapy begins, a skilled therapist will conduct a personalized consultation to understand your specific needs and preferences. We use premium massage oils and lotions to enhance the sensory experience and provide a truly indulgent service.



## MASSAGE THERAPIES

### ODYSSEY MASSAGE

A highly personalized wellness journey tailored to your individual needs, our Odyssey Massage encompasses your choice of Swedish or Deep Tissue techniques – or a combination of both. In addition to selecting a specific aromatherapy oil to awaken the senses, your therapist will consult with you prior to your service to curate the ideal blend of global massage traditions to achieve your desired result.

Benefits: customized care, muscle recovery, relaxation, and aromatherapy

**60 | 90 | 120 MINUTES**

### EAST-WEST FUSION MASSAGE

Truly invigorating and energizing, this specially created massage experience infuses both Eastern and Western methods to achieve holistic wellbeing throughout muscles and joints. Utilizing techniques such as rhythmic stretching, pressure point therapy, and deep tissue exploration, this Thai oil massage provides profound relief for stiffness, strain, and rigidity.

Benefits: tension relief, improved flexibility, and greater mobility

**90 | 120 MINUTES**

### MANA LOMI® MASSAGE

The Mana Lomi® technique is rooted in the ancient Hawaiian concept of working with the “mana,” or spiritual life force, of an individual. Focusing on the powerful movement of energy, this all-encompassing massage coaxes the body to a state of utter relaxation and inner harmony using long fluid strokes, forearm rolling, and rhythmic kneading.

Benefits: profound muscle relief, relaxation, and energy revival

**90 MINUTES**

### THE X MASSAGE

Known as the tenth cranial nerve, or cranial nerve X, the vagus nerve is the longest of its kind in the autonomic nervous system, and controls all involuntary body actions. The X Massage focuses on craniosacral therapy to activate and uplift this core system, incorporating Vagus Nerve Oil, aromatic warm compresses, and rhythmic kneading to cultivate a blissful, quietly euphoric state of consciousness.

Benefits: deep relaxation, regulation, and muscle tension relief

**90 MINUTES**



# MASSAGE THERAPIES

## Ayurvedic Treatments

Rooted in more than 3,000 years of wisdom, Ayurveda is one of the world's most ancient forms of healing. Seeking to balance the elements found naturally within us, the following treatments address the alignment of the three doshas – mind, body, and behavior – to achieve sublime equilibrium.



## AYURVEDIC MASSAGE THERAPIES

### FIVE-POINT STAR MASSAGE

Highly specialized and energizing, this stimulating massage focuses on reflex points of the five extremities: the hands, the feet, and the head. A warming exfoliation precedes a tension-melting massage for both hands and feet, which are then enveloped in a soothing, heated compress. A restorative scalp and head massage follows, sealing the release of stress head-to-toe.

Benefits: full-body relaxation and concentrated tension relief

**60 MINUTES**

### CHAKRA BALANCING MASSAGE

The seven chakras are known as the main energy centers of the body, running down the spine in alignment from the crown of the head. During the Chakra Harmony Massage, each chakra is addressed in turn with care and compassion, with each hands-on movement focused on restoring inner balance to the body. An Ayurvedic Kansa massage wand enhances the full-body experience, where the intentional placement of chakra stones and powerful aromatherapy all converge to uplift the spirit while positively grounding the body.

Benefits: full-body relaxation, muscle tension relief, and enhanced inner peace

**60 | 90 MINUTES**



## BODY TREATMENTS

# *Revive Your Body & Mind*

Body treatments are performed in a specialty room featuring a private shower and a Gharieni MLW Amphibia Treatment table. Offering profound muscle relaxation within minutes, this revitalizing table uses gently heated water cushions, a highly efficient oscillation massage system, and cutting-edge audio and vibro-acoustic stimulation to invoke a deep sense of inner peace.



## BODY TREATMENTS

### CELESTIAL COCOON

The Celestial Cocoon treatment is designed to leave you looking and feeling your best by visibly toning and firming targeted areas. We begin with a stimulating dry brushing, followed by a deep-cleansing exfoliation using an Undaria Cleansing Body Polish. After a refreshing shower rinse, we replenish your skin's hydration with our Undaria Algae Body Butter. Your experience concludes with a revitalizing foot massage.

Benefits: firming of targeted areas, exfoliation, and skin hydration

**90 MINUTES**

COUPLES TREATMENTS

# *Star-Crossed Connections*

Embark on a sensory journey together with the divine experience of a side-by-side treatment. Set in our stunning Orion, Nebula and Cosmic Suites, each couples experience is complemented by a couples shower, a private relaxation area, and personal restroom for your exclusive use.



## COUPLES TREATMENTS

### FOREVER GROUNDED

Connect with the natural bounty of the earth and each other with this grounding experience in one of our stunning Galaxy suites. We begin with a soothing foot ritual and transition to a revitalizing skin exfoliation using a meticulously curated selection of mineral-rich dead sea salts. Wash away your cares with a private couples' shower followed by a side-by-side customized massage.

Benefits: skin softening, tension release, relaxation, and natural revitalization

**150 MINUTES**

### LOVE IN BLOOM

Immerse in the essence of romance with this treatment – a transportive experience accented by the intoxicating scent of roses. Embrace serenity with a rose essence inhalation ritual, followed by an invigorating Soundarya body scrub. A full-body massage using Soundarya Massage Oil follows the removal of the scrub, melting tension entirely. Your journey continues with a balancing bowl treatment to harmonize the body, as well as a head and facial massage using rose quartz – the stone of universal love.

Benefits: aromatherapy, skin softening, relaxation, and romantic bonding

**120 MINUTES**

*\* In addition to the experiences listed, all 60, 90, and 120 minute massages are also available as couples treatments.*

## FACIAL THERAPIES

# *Natural Glow*

Facial therapies at Lapis Spa utilize the GeneoX Facial Machine, a next-generation tool combining the advanced technologies of Oxfoliation™, ultrasound, and massage for optimum results.

### ENHANCEMENTS:

CRYOTOUCH SERUM

KNESKO COLLAGEN MASKS

CELLUMO RED LIGHT THERAPY SESSION

BLUE INFRARED

DERMAFLASH



## FACIAL THERAPIES

### LAPIS SIGNATURE FACIAL

Thoughtfully tailored to your skin concerns, the Lapis Signature Facial is a gently cascading process designed to reveal your full radiance. After consultation, your aesthetician will prep the skin with a luxurious cleansing ritual. Your bespoke treatment will deliver vital ingredients that address your skin's unique needs: Deep hydration, soothing, purifying, age-correcting, or brightening.

Benefits: customized skincare, rejuvenation, revitalization, and renewal

**60 MINUTES**

**90 MINUTES:** Includes a peel-off mask and advanced circulation massage to lift and contour facial muscles, providing immediate results.

### OXFOLIATE™ FACIAL

Revive your skin and address its unique needs with this blissfully thorough breakthrough treatment. First, Oxfoliate™ with energizing O2 bubbles, then amplify with LUX, our light ultrasound experience. Finally, a soothing lymphatic massage gently detoxifies while locking in the healing effects of advanced technology.

Benefits: customized skincare, brightening, detoxification, and renewal

**60 MINUTES**

**90 MINUTES:** Includes red light LED therapy and undereye mask with extensive massage.

### SCULPT & LIFT GUA SHA FACIAL

Rooted in the wisdom of ancient Chinese medicine, the sculpting effect of the Gua Sha Facial is the perfect antidote to the skin fatigue. This facial treatment utilizes a flat jade stone in sweeping motions along the contours of the jawline, cheekbones, forehead, and more to stimulate the skin's elasticity to lift and release tension in your facial muscles.

Benefits: gentle lifting and toning effect, tension relief, and increased collagen production

**60 MINUTES**

DR. BARBARA  
**STURM**

## MOLECULAR COSMETICS FACIALS

A world-renowned doctor in orthopedics, Dr. Barbara Sturm is a beloved pioneer in the world of anti-inflammatory techniques. Having translated her clinical research to the realm of skincare over the last 25 years, her signature treatments offer skin transformations backed by the proven power of molecular science.

### **SUPER ANTI-AGING FACIAL**

The Super Anti-Aging Facial replenishes moisture reservoirs, promoting the skin's natural barrier function and reduces the appearance of fine lines and wrinkles, resulting in a smoother and more youthful complexion. Long and short-chain hyaluronic acid molecules in the Super Anti-Aging Serum are infused with strong antioxidants and ingredients which help to repair damaged skin and support regeneration.

Benefits: visibly lifts the skin around the jaw and neck while reducing fine lines and reviving stressed skin

**75 MINUTES**

### **SIGNATURE #STURMGLOW FACIAL**

The Signature #Sturmglow Facial combines thorough cleansing, exfoliation and extractions to leave the skin super clean and refreshed. It also includes Dr. Sturm's Signature Anti-Aging Massage; a unique combination of massage techniques which help increase blood and oxygen flow and tone and define the facial muscles for an instant, youthful-looking complexion. Long and short-chain hyaluronic acid molecules in the hyaluronic ampoule are infused into the skin and provide intensive hydration at both upper and deeper skin layers. The Face Cream Rich boosts moisture and antioxidants help restore and soothe the skin. Special massage techniques boost circulation, enhancing the production of collagen for effective skin repair.

Benefits: targets key areas of concern to instantly smooth fine lines, reduce puffiness, lifts and defines the cheekbones and jawline, giving skin a youthful glow

**60 MINUTES**



## NAIL SALON

# *Polished Perfection*

At Lapis Spa & Wellness, we believe your hands and feet deserve the finest care and attention to every detail. Our luxurious nail treatments are meticulously designed to pamper and provide an indulgent experience, leaving you refreshed and rejuvenated. Enjoy a complimentary glass of champagne, a fresh cup of coffee, or a signature tea to enhance your journey in our elevated space.

### FINISHING OPTIONS:

NATURAL/BUFF  
POLISH, DAZZLE DRY, GEL  
FRENCH  
BUILDER GEL, DIP POWDER,  
GEL X

### REMOVAL OPTIONS:

POLISH  
GEL  
DIP  
HARD GEL  
ACRYLIC



# NAIL SALON

## MANICURE SERVICES

### EARTH ELEMENTAL MANICURE\*

Whether you’re here for a relaxing spa session or you have big plans on the Strip, this treatment is tailored for the day ahead of you. Begin with a warm towel cleanse and customized hand soak to soften cuticles, followed by a unique exfoliation and hydration process infused with holistic ingredients personalized to your skin. The experience continues with a cuticle cleanup, nail trim, nail shaping, and massage. Conclude with your choice of regular polish, gel polish, or shine and buff.

Benefits: moisturizing, softening, and indulgent

**45 MINUTES**

### EXPRESS MANICURE\*

A need for speed is no reason to sacrifice quality. The express version of our Earth Elemental Manicure includes cuticle cleanup, nail shaping, lotion application, and regular nail polish or shine buff.

Benefits: efficient, refreshing, and neat

**30 MINUTES**

Gel polish application can be included for an additional charge.

\*Nail enhancement removals (such as gel, dip, extensions, etc.) can be completed for an additional charge.

# NAIL SALON

## PEDICURE SERVICES

### EARTH ELEMENTAL PEDICURE\*

Not just a treatment—a retreat. This pedicure combines the elements of nature to leave you balanced and restored. Embark on your journey by setting your intentions for the day, then dive into a tailored herbal foot bath, followed by a customized scrub and mask - expertly crafted by your technician to meet your skin’s specific needs. Whether you need to detoxify, hydrate, or relax, your skilled nail technician will personalize your appointment to give you individualized results. Nail care, callus care, massage, and your choice of regular polish, gel polish, or shine and buff are also included.

Benefits: customized per your specific areas of concern. hydrating, exfoliating, and luxurious

**60 MINUTES**

### EXPRESS PEDICURE\*

The Express Pedicure offers an energizing foot cleanse, cuticle clean-up, nail trim and shaping, and lotion application. Toes are then shine-buffed or polished using a regular polish of your choice.

Benefits: cleanup, freshening, and refining

**30 MINUTES**

Gel polish application can be included for an additional charge.

\*Nail enhancement removals (such as gel, dip, extensions, etc.) can be completed for an additional charge.

# ETIQUETTE

## APPOINTMENTS

A spa concierge can assist with appointments or you may reserve through our online portal. All appointments must be secured with a credit card at time of booking and you must provide identification upon arrival. For your convenience, a 20% service charge is added to all spa and nail salon treatments. If you must cancel your appointment, we ask that you do so at least 24 hours in advance to avoid any cancellation fees.

## ADMISSION

Guests must be 18 years or older to use the spa facilities. We ask that all cell phones, cameras, and personal electronic devices be turned off and that you refrain from taking photos inside the spa.

## ARRIVAL

We encourage you to arrive at least 45 minutes prior to the start of your scheduled treatment, so you may enjoy the spa facilities. We advise you to avoid shaving 24 hours prior to your scheduled facial or body treatments.

## ATTIRE

Lapis Spa provides both co-ed and separate men's and women's locker areas. Swimwear must be worn at all times while in the co-ed area. Clothing is optional in the separate men's and women's areas.

# LAPIS SPA

## Information

Our highly skilled therapists and aestheticians are dedicated to ensuring your visit is nothing short of extraordinary. Whether you seek deep relaxation, rejuvenation, or a luxurious escape from the everyday, we have tailored treatments designed to cater to your every need. We eagerly await your visit.

### HOURS OF OPERATION

MON – SUN | 9AM – 7PM

*Spa facility access and treatments are exclusive to only registered hotel guests Friday – Sunday*

### SCHEDULE TREATMENT

702-678-4300

lapisspaservices@fbblasvegas.com

